

MEET THE INSTRUCTOR

Liza Abood, PGA/ LPGA Golf Professional at Olney Golf Park, teaches The Golf School for Women. A native of the Washington metropolitan area, and a graduate from the University of Maryland with a Bachelors Degree in Physical Education, Liza's childhood days included many rounds of golf.

The highlights of Liza's successful professional golf career include being named the 2004 PGA Middle Atlantic Women's Player of the Year and finishing 5th in the 2003 LPGA Teaching and Club Professional National Championship. And Liza tied for 2nd in the 2016 MAPGA Teaching Professional Championship at the Elkridge Club, shooting a 2 under par 69, and led the field in scoring holes with 6 birdies and an eagle. Liza shot a 30 on the back nine, the lowest nine-hole score of the tournament.

Liza has been a Class A Member of the PGA since 1989 and a Class A Member of the LPGA since 1995. She was chosen by Golf Digest as one of the best teachers in Maryland (2015-2016). Golf Range Magazine awarded her as one of their "Top 50 Instructors in America" and Golf for Women Magazine voted Liza as a "Top 50 Golf Instructor". Liza exhibits impressive teaching credentials and many professional affiliations with prestigious golf clubs. She has taught golf at the following Florida clubs: Fisher Island, South Beach, Miami; Indian Creek Country Club, Miami Beach; Grand Harbor, Vero Beach; and PGA National Golf Club, North Palm Beach. She has also instructed at the TPC Club at Avenel, Potomac, Maryland; Weston Golf Club, Weston, Massachusetts; and the Scarsdale Golf Club, Hartsdale, New York.

Currently, Liza is teaching private, group, and playing lessons at Olney Golf Park. She is also a certified club fitter and is available for golf equipment consultation and advice.

OLNEY GOLF PARK FEATURES:

- Certified Club-Fitting Systems/Launch Monitors from Today's Top Manufacturers
- Extensive Grass Short Game Teaching/Practice Area
- Lighted, Heated, Covered Practice Range
- Teaching/Club Fitting Studio
- Fully Stocked Pro Shop
- Full Service On-site Club Repair
- State-of-the-Art Video



3414 Emory Church Road
Olney, Maryland 20832 • (301) 570-6600

Conveniently located at Georgia Avenue,
15 miles north of Norbeck Road (Rt. 28)

www.olneygolfpark.com

Golf School for Women



~ at Olney Golf Park ~

with Liza Abood
Golf Digest
Best Teachers in Maryland
(2015-2016)

2026 CLASSES:

Introduction to Golf, Part 1
Introduction to Golf, Part 2
Total Golf Game Tune-Up

Evolve Your Game®

Performance Golf Academy



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Please Join Us!

"This is a golf school designed especially for women. It's an introduction to golf, emphasizing the fundamental skills needed to play and will also introduce you to the rules and etiquette of fine golf."

~Liza Abood, PGA/LPGA Instructor

Liza Abood, PGA/LPGA Professional at Olney Golf Park, will be hosting a series of golf schools especially designed for women. If you are new to golf or consider yourself a player at the "beginning" level of skill, you are invited to participate in the Introduction to Golf School. If you are more familiar with golf, please participate in the Total Golf Game Tune-Up School.

Golf School for Women, designed to enhance your present knowledge and practice of golf, will provide you a strong and lasting foundation for your golf game. Class sessions will highlight the fundamentals in grip, posture and alignment as they apply to your putting, chipping, iron and wood play. You will also be introduced to the rules and etiquette of golf, course management, and club selection.

GOLF SCHOOL FOR WOMEN DETAILS:

- \$135.00 Class Registration Fee
- Each class is comprised of 4, one-hour sessions of instruction
- Class size will range from a minimum of 3 to a maximum of 8 participants
- Class participants will be provided practice balls, loaner clubs, swing trainers, and handouts during all sessions



TO REGISTER:

Email Liza at labood@olneygolfpark.com or call the Olney Golf Park at (301) 570-6600.



Golf School for Women

2026 CLASS SCHEDULE:

Introduction to Golf, Part 1

This class will introduce you to the rules and etiquette of golf, putting, chipping, pitching (the small swing), and full swing.

Tuesdays and Thursdays
6:00–7:00 p.m.

- April 14, 16, 28, 30
- August 4, 6, 18, 20

Introduction to Golf, Part 2

A continuation course, but open to anyone who has some basic experience. The full swing and bunker shot is taught.

Tuesdays and Thursdays
6:00–7:00 p.m.

- May 12, 14, 26, 28
- September 1, 3, 15, 17

Total Golf Game Tune-Up

This class is a tune-up for your golf game, plus there will be discussions on course management and club selection.

Tune-Up classes can be scheduled anytime. Put together 3 to 8 students and a schedule can be set up on an individual basis. Email Liza at labood@olneygolfpark.com for more information or to set up a class.

Private Lessons with Liza

- 30 minutes \$55
- 50 minutes \$90